

THE ARTS
MORE THAN SONG AND DANCE

AN ELITE MEET
TRACK AND FIELD GO TO NATIONALS

QED
HOW CM BUILDS A GOOD SOCIETY

**STAGES THROUGH
THE AGES**

MEMORIES OF GRADUATION

SPRING/SUMMER 2023
ILLUMINATING THE
ACHIEVEMENTS AND
MISSION OF
CATHOLIC MEMORIAL

CONTENTS

SPRING/SUMMER 2023

Through engaged students, devoted faculty, and forward-thinking alumni, friends, and partner organizations, *CM Magazine* proudly affirms the advancement of education and community through intelligence, character, and the mission of Blessed Edmund Rice.

16 STAGES THROUGH THE AGES



The Class of 2023 walked the walk across the stage like fellow Knights before them. What does this moment mean and how do graduates from the past as well as teachers recall that day where everything changed?

PLAY-BY-PLAY

The road to the New Balance National Indoor Meet in Boston took seven members of the track and field team and pitted them against the nation's elite athletes. It was a day of personal bests, smashed records, and a middle schooler who came out of nowhere.

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QED - QUAD ERAT DEMONSTRANDUM

How are pluralism, civil discourse and tolerance taught at CM and why are teachers vital to the well-being of our Constitutional Republic? High school history teachers Vincent Bradley, Steven Goode P'25, and Tom Jordan '90, along with middle school social studies teacher, Barbara Flynn P'18, '22 weigh in.

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ON THE COVER

Composite photo art of CM grads through the years by creative director, John Emmert.



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INTO THE SPOTLIGHT

Among its ranks CM has student-athletes, peer ministers, and honors scholars. But it has another, equally noteworthy group: student-artists. Find out more as they step into the light.



REFLECTION TO PERSPECTIVE

ROLE MODELS NEVER DIE. THEY JUST RETIRE.



Young men are relational, and the connections they make with faculty are critical. The best faculty members form lasting relationships with their students. They do this when they engage inside and outside the classroom. These cherished relationships direct learning and faith development because the student-teacher relationship rests at the core of Catholic Memorial inspiring the lives of our students.

Each alumni weekend, Knights return to campus and seek out their faculty role models. Graduates freely share stories about a certain teacher who helped them overcome personal setbacks and taught them to persevere. These, now, grown men are grateful for the caring attention, the important conversations that were had, and appreciate that they were held accountable in a moment when they needed to be.

Mr. Vin Catano is someone who truly embodies the best of the teacher-coach model. For the past 52-years, Mr. Catano has arrived at CM early each day, has sacrificed every school vacation to coach three seasons of varsity athletics and has given himself over to the school community and his young charges. The investment of his time, attention, wisdom, and care has positively impacted two generations of young men. It is staggering to think that he has taught over 6,500 students

and coached over 4,500 athletes. His impact is significant.

A true renaissance man, Mr. Catano taught each day with the goal of passing on his love of literature. His classroom was always about the power of words, both written and spoken. He will forever be remembered for walking the halls with a stack of blue composition books under his arm.

Running the track or across Franklin Park with a whistle around his neck and a clip board in hand, Mr. Catano always encouraged his runners to strive for their personal best. While he coached many individual (19) and team (24) championships, Coach Catano cared for all his runners and taught them that running was a place to commune with God and oneself, a place for personal and spiritual renewal.

Vin Catano announced his retirement in May and received an honorary degree at graduation. This is a well-earned distinction, for, in truth, Mr. Catano embodies everything that we hold dear in a CM Knight. I can think of no one who is more deserving or a better representative of Catholic Memorial, than Mr. Catano. We look forward to celebrating his contribution more fully in the 2023-24 academic year. We hope to gather reflections or memories of Mr. Catano, I ask that you please share them with the school by emailing ReflectingonCatano@catholicmemorial.org

- Dr. Peter Folan, President

HARD FACTS AND GOSPEL TRUTHS



10 YEARS

THE NUMBER OF YEARS CM HAS BEEN A PART OF THE
ST. PATRICK'S DAY MASS AT CATHEDRAL OF THE HOLY
CROSS IN BOSTON'S SOUTH END.

50



NUMBER OF ATTENDEES OF THE
EDMUND RICE CHRISTIAN BROTHERS
SCHOOLS LEADERS MEETING
HELD AT CM IN MARCH

BEFORE THE STATE CHAMPIONSHIP COMPETITION,
THE CAPTAINS OF OUR SPEECH & DEBATE TEAM TOLD THE TEAM

“WE DON'T WANT TO KNOW WHAT IT'S
LIKE TO LOSE A STATE CHAMPIONSHIP
DURING OUR 4 YEARS IN HIGH SCHOOL.”

CM WENT ON TO WIN ITS SIXTH STATE TITLE IN SEVEN YEARS.



DURING THE LAST ADMISSIONS CYCLE,
MEMBERS OF THE OFFICE OF ADMISSIONS GAVE

1,000

PERSONAL TOURS.

BAKER STREET NEWS

JANUARY

The Athletic Trainers of Massachusetts named our head athletic trainer, **Mr. Jephthe Soulouque**, the Trainer of the Year. Our assistant trainer, **Ms. Gillian Long**, received the Collins Sports Medicine Grant.

At our winter blood drive for the American Red Cross, the CM Community donated enough blood to save more than 100 people.

FEBRUARY

As part of a series of enrichment classes for Black History Month, CM hosted **Harold Steward**, Executive Director and Cultural Strategist at The Theater Offensive in Boston, who presented *“Engaging the Black Radical Imagination: Black Masculinity and Contemporary Art & Society”*, and **Professor Dr. Chad Williams** of Brandeis University who hosted *“Torchbearers of Democracy: African American Soldiers and World War I.”*

Jersey #14 was retired in honor of the late **King Gaskins '72**. The CM basketball legend scored over 2,000 points for the Knights and hit the shot to win the 1969 state championship.

MARCH

In the annual Harry Potter Trivia Contest, theology teacher **Mr. Gregory Hartman** and **Brendan Coutts '23** proved to be the biggest Potterheads on campus.

Thirty-five juniors and seniors participated in the *Karos V* retreat and enjoyed a weekend full of community, faith, brotherhood, and personal growth. The weekend was the most attended Karios retreat in CM history.

The theater department's spring musical was *The Pirates of Penzance*, starring **Andrew Mak '23** as Fredric, **Chris Boensel '24** as the Pirate King, **Paul Mahoney '25** as Sam, and **Michael Clinton '24** as Major-General Stanley. A 20-foot-long boat was built for the show and was pushed on and off the stage by our football team's offensive line.

We were honored and blessed with a visit from **His Eminence, Cardinal Seán Patrick O'Malley, OFM Cap**. In appreciation of CM's kindness and hospitality, he awarded the school a Cardinal's Day off, which was observed on Easter Monday.

Principals, presidents and board members from 14 Christian Brothers schools across North and South America arrived on campus for a week-long conference.

Speech & Debate won its sixth state championship in seven years. Individual championships went to **Patrick Blomberg '24** (Dramatic Performance and Oratory), **Blomberg and Will Cummings '23** (Duos), **Samuel Cahill Farella '23** (Radio), **Johnny Cardarelli '23** (Play Reading), **Cole Bulger '24** (Group Discussion), **Paul Mahoney '25** (Declamation), and **Declan Smyth '24** (Prose).

APRIL

Danny Kaleba '27 won first place in the eighth-grade division of the 2023 Will McDonough Writing Contest. The contest featured about 900 entries from students in grades 4-12 and judges were asked to pick one winner in each grade.

Thirty students spent their Spring Break touring Greece with history teacher **Mr. Peter Hill**, Campus Minister **Mr. Will Healy**, science teacher **Mr. Bradford O'Brian '06**, and Spanish teacher **Mr. Gabriel Verdaguer**. During their trip, they saw the ruins of Ancient Greece, including the Acropolis of Athens.

College counselor **Mr. Thomas Claiborne** and eight students took part in our second annual HBCU tour of schools in Washington DC and Virginia.

Catholic Memorial proudly named its exterior athletic complex after **James P. Healey '71**,

whose leadership and loyalty have helped transform the school. Mr. Healey exemplifies the traits and characteristics that are at the heart of what it means to be a CM Knight – a visionary, transformative leader dedicated to service and guided by deep faith.

MAY

Gillette Stadium hosted the annual CM Junior/Senior Prom.

The 118 members of the Class of 2023 graduated and began their post-CM journeys to colleges and universities around the country. As CM's Director of Counseling and Student Success, Jack O'Keefe said, "I'm excited to see that our students are going to exciting places. This group thoughtfully engaged with the process to find some matches that are great fits for their unique strengths and qualities."





INTO THE SPOTLIGHT

With its classrooms that have brought students into twenty-first century learning and athletic teams dominating their competition, CM has another gem up its sleeve: the performing arts. It represents one more avenue for its students to find purpose and success.

“A one, a two, a one, two, three, four,” conducts a voice as “The Ronnie” erupts into music. Singing voices overlap in perfect harmony as woodwinds blow across the room. The booms and baps of drums thunder as the audience stomp their feet and clap their hands. It’s Arts Day at CM and the performing arts are on full display. The choir sings the 19th century invitation hymn “Softly and Tenderly” until donning sunglasses to perform an a capella rendition of “Life Could Be a Dream.” Band members solo through jazz and soul tunes by Freddie Hubbard and James Brown before switching tracks and playing the score to the spring musical as actors flood the stage. As the crowd of six hundred boys move to the waves of music breaking over them, the performers on stage are cognizant of one thing: what they’re doing must be perfect.

At CM, the arts are an expression of the soul and a fast-track to transformation.

Student-artists may find themselves on stage as singers, whether in the choir or the Baker Street Boys a capella troupe, as musicians in the

middle school or honors bands, or as actors in a fall play or spring musical. Oftentimes, students are involved in multiple performing arts as in the case of Speech & Debate state champion, Chris Boensel '24 who has been a lead actor in every play throughout his CM career as well as an a capella soloist in the Baker Street Boys. The arts draw students from across disciplines, like baseball slugger Rocky Vankoski '26, who blew crowds away with his performance as a singing police captain in the spring production of Gilbert and Sullivan’s *The Pirates of Penzance*. Class of 2021 valedictorian Giuseppe Presti once told his *Camelot* castmates that of all the classes, clubs, and sports he was a part of, theater was his most important community.

“There’s a tremendous sense of belonging that comes from being a part of groups who perform,” says CM music teacher and chorale leader, Dr. Michael Monroe. “There’s something wonderful about watching each other get incrementally better.” Singers have the opportunity to earn honors credit over lunch in Monroe’s historic Donahue Hall music room, the choir

headquarters for rehearsals for monthly performances. “Because we meet during the lunch block, we’re able to gather together and share a meal before getting to work,” notes Monroe. “It allows us to get started in a natural state, unifying over food then unifying our voices.”

Unified voices are perhaps the most commonly recognized performance at school, with hymns and harmonies emanating from the choir at each Mass. “Just like how stained glass, high ceilings, and all the beautiful aspects of a cathedral can enhance our sense of being in a sacred space, music can do that as well,” notes Monroe. “Our gym is no cathedral, but the choir singing at Mass really creates a sense of beauty within the space.” Choir students perform hymns and psalms that date back thousands of years; they even revive languages with such songs like “Non Nobis Domine,” sung entirely in Latin. “It does take more work to learn Latin... not just the syllables but the meaning of the words,” says Monroe. “It might seem distant at first, but boys here want to know everything. It’s a great opportunity to have deeper



CHOIR

conversations about why we're singing."

Choir member Andrew Mak '23 feels that "it's magical to look through the lens of Renaissance composers, to try to hear what they heard." Mak has spent his senior year involved in the arts as the young pirate Frederic in *The Pirates of Penzance*, a finger-snapping a capella singer in the Baker Street Boys, and, perhaps most notably, the lead soloist of the choir. After training at St. Paul's Choir School, Mak's tenor lilt guides audiences through ancient prayers. "As we learn the songs, we perceive the thought and effort that each composer has put into their work," Mak says, "which inspires

our own thought and effort. It's creatively liberating to explore these songs that have been sung thousands of times over thousands of years and yet make them our own."

In one day alone, Mak leads a choir through prayer, lets loose with the Baker Street Boys, and leaves the stage only twice in *The Pirates of Penzance*. "The arts require fine-tuned abilities, physically and mentally," says CM band director, Clayton DeWalt. "It requires an intense discipline to multi-task, to rehearse and practice, to maintain a consistent performance. It requires perseverance and analysis through mistakes." The discipline required of students

in the arts furnishes them with the experience they will need beyond Baker Street; in Mak's case that would be cantoring for Masses at Harvard.

Taking a leap from his forte in liturgical singing, Mak speaks of his leading role in *The Pirates of Penzance*, saying, "acting is a unique opportunity to really think deeply about a character, and how that character would act in each instance." This exploration of character is precisely the magic of theater for director Dr. Michael Corso. "Most of us only play ourselves in the routine of our lives," Corso explains. "In theater, you get to try out what it's like to be an entirely different person. It's a key to understanding the

human condition, to see things through another person's eyes, to experience a situation or a lifetime through a character." Dr. Corso considers theater a gift that the cast and crew give in service to an audience. "It's an opportunity to take people out of the stress of life for a couple of hours," Corso continues. "We live in a complicated world and people have all kinds of personal issues going on. For two hours, people come to watch a performance, and, if we do it right, they forget about everything they brought into the theater. They're in *Camelot*, they're in New York, or on a pirate ship. They're wherever the story brings them."

Student-artists are pushed to experience life beyond

themselves. "Theater is a microcosm of life itself," continues Corso. "Life is a drama, a comedy, and a tragedy at times. Watching live performers act out stories we deeply understand and relate to... there's a lot of connection to the human experience." Actors must think how a character moves differently at another age, speaks differently from another culture, or thinks differently from another point of view. It is with this unique perspective into other lives that theater produces men of character.

"With theater," notes Corso, "the audience and the story are in the same physical and temporal space." Without the ability to reshoot and edit, a live

performance depends completely on the rehearsal of the cast, crew, and band... and their good fortune. "You can be rehearsed to perfection, but when the time comes to be on stage, you never know what's going to happen," says Dr. Monroe, who works closely with Dr. Corso on musical theater productions. "A musician can miss a cue, an actor can forget a line, a prop can be misplaced on stage. And suddenly, you have to react in the moment. And although things are not going exactly as you planned, those are the moments you feel most alive as a performer." The potential for failure in a performance shows that the arts require tremendous bravery. To perform in front of hundreds of peers and strangers is no easy task, but one student-artists pursue with valor.

Students interested in the theater program are not confined to acting, with crew opportunities involving painting and moving sets, designing lights, or operating a soundboard, with their talents showcased in three nights of one show each semester. Musical theater expands on the



PERFORMANCE



THEATRE

experience with the addition of song, rhythm, and melody. Music, whether played with lyrics or instruments alone, tells stories of its own, according to senior star drummer Kai Kitchens '23. "When I play drums, I communicate what I feel in the moment. Musicians use storytelling tools like playing loud or soft, fast or slow. You can express love through music, show passion... it's a universal language." Kitchens even compared songwriting to literature, saying, "setting up the groove is like setting up the characters. There's a rising action, climax, and falling action. You don't go to the chorus too quickly the

same way you don't rush to the action in a novel." With a passion like his refined at CM, it's no wonder Kitchens, who is on a full scholarship, is headed to Berklee College of Music. Band director Clayton DeWalt reflects that what made him fall in love with music was the drive to be better. "At the first band rehearsal, students often don't even know what to do; they've never been in an ensemble," says DeWalt. "After a few performances, they start taking ownership of their parts and are proud of it. They'll look at each other and say, 'this is working, we're sounding good now.' It's incredibly rewarding and exciting." In addition to his

honors class, DeWalt leads the middle school band. "It's wonderful to get students playing in a band when they're younger. As they get older, they'll be playing at a higher level and with more familiarity, and they'll make for strong leaders to the students that follow them." The CM bands play in fall, spring, and Christmas concerts, where rising stars like Mason Mastrodicasa '28 thumbs a groovy bassline as Joaquin Padilla '28 taps at a keyboard like a bonafide jazz musician. Aided by DeWalt on keyboard, drums, or trombone, the middle school band reminds audiences that hobbies and talents started

at home make for stellar performances when practiced in class. "There's a desire to work together and do something excellent as a group," says DeWalt. "Boys here want to win, and a 'winning' performance is one that connects with people."

In a place where sports and academics are often seen as the headliners, the performing arts are grabbing their fair share of the limelight. The determined maintenance required of the arts not only refines a boy's skills but empowers him to push himself to new limits and unveil his potential. Through each note sung, instrument played, and line delivered, boys at CM discover strength, courage, and an unwavering commitment to their craft, growing incrementally into more empathetic, confident, and well-rounded individuals, ready to take on the world and audiences of another kind beyond the stage.




IN MEMORIAM

Zachary J. Anzalone '16
8/15/22

David A. Bartel '78
11/10/22

Henry J. Buszkiewicz '71
7/26/22

George R. Cheevers '76
6/29/22

Brian J. Collins '73
9/5/22

Stephen J. Collins '77
10/3/22

David M. Connell '65
6/20/22

Michael R. D'Acci '61
12/1/22

Brian J. Donnelly '63
2/28/23

James F. Gleason '67
1/26/23

Richard Gutowski '74
6/7/22

John W. Harris '78
2/9/22

Paul W. Hession '66
8/9/22

John A. Hession '64
12/11/22

Edward J. Hughes '63
2/2/23

Emmanuel N. Kollie '16
4/5/22

Michael J. Lynch '77
2/21/23

Michael J. Marshall, Jr. '07
3/5/23

Kevin J. Maus '67
12/31/22

Mark J. McNally '08
5/22/23

**James "Jim" R. O'Connor
P'78, '80, '86**
2/25/23

William F. Peffer, Sr. '65
6/14/22

Edward S. Roman '79
12/9/22

Brian E. Savage '65
11/19/22

Frank R. Schigg '61
10/17/22

Alan Francis Sendker '65
11/17/22

Walter J. Sweeney, Jr. '63
8/3/22

Michael J. Sweeney '65
11/18/22

William E. Taylor, Jr. '66
10/15/22

Paul M. West '63
12/12/22



NATIONAL LEVEL TALENT

For any school, having one athlete qualify for the National Championship meet is an accomplishment. But at CM, there were seven competing with the nation's best.

The road to the New Balance National Indoor Meet in Boston is different for those in New England compared to Florida. With cold weather and snow often the expectation, the training environment is rarely ideal.

"You have to roll with the punches. If it's not sub-0, snowing or freezing rain and the temperature is over 35 degrees, we'll try to go outside as long as the track isn't covered in snow," says CM head track and field coach, John Finn '89.

For CJ Sullivan '23, Jelani Semper '27, and 4x200 meter relay members Mekhi Dodd '25, Datrell Jones '23, Eric Perkins '24, Jaylin Rainford '23, and Jaedn Skeete '23, qualifying for nationals showed that CM athletes have the talent to compete locally and with the best high school athletes in the nation.

As a fifth-year senior, Sullivan was ineligible to compete in local high school meets. The Villanova-commit, spent his winter running

against Division 1 college athletes at meets at Boston University, sometimes waiting until 9:30 p.m. on a Saturday to race.

"It was tough not getting that many races. But it still worked out with me being able to train with the team, and I was able to get more workouts in," Sullivan says.

Sullivan, along with two-mile national qualifier and Boston College-bound John Garvey '23, trained under Finn and Jon Sheehan with a simple philosophy - go run and when you're done running, run some more.

"I think Finn and Sheehan work well together and ensure the mileage is right for each person," Sullivan says. "Finn knows the type of workouts we do the best with, so he knows which one we need for a confidence boost. In races, he'll tell you to keep moving up and when to make your move, so you don't get too comfortable."

Expectations at Nationals were high for one of the fastest 5K fields in national meet history. Far from the lead pack, Sullivan made his move around the halfway mark.

With Finn yelling strategy, Sullivan picked off runner after runner before crossing the finish line at 14:31.30 - a seventh-place finish, a new school record, and a new Massachusetts record in a race where the winner broke the national record.

While Sullivan spent most of his high school years on the track, it took others longer to make the realization that they had the speed to race with the best. Rainford saw himself as a soccer player until he accepted Finn's recommendation to try sprinting.

In his first relay, with teammates still recovering from a long football season, he saw the team's potential.

"After our first time running the 4x200 together, we were equivalent to where the team was last year," Rainford says. "We began thinking, if everybody's healthy, we could be even better."

The team racked up wins, including at the Division 2 State Relays and MSTCA Coaches Invitational, and college coaches took notice. By the end of the season, Rainford committed to Bryant University for track and field.

It wasn't all fast times and first-place medals. The team faced adversity when a hamstring injury sidelined Jones, the Division 2 champion in the 100-meter for outdoor track, for most of the postseason.

With Dodd subbing in for Jones, the relay edged Natick by three-hundredths of a second to win the MIAA Division 2 State Championship and finished fifth at the MIAA Meet of Champions.

"I was excited when I started thinking our names were going on the state championship banner in the gym because it will be there forever. I'm graduating this year, so it was important to me to see that happen," says Rainford.

Of all the CM athletes at indoor nationals, it was a middle school long jumper who produced the most surprising result.

Jelani Semper '27 took his first jumps two years ago during a summer workout with his father - a jumps coach himself. While he competed at some small youth meets and Bay State Games, an appearance at nationals was the furthest from his mind.

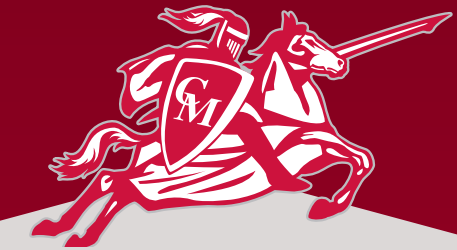
Semper was satisfied to gain experience by competing at the meet. Then he had his best performance of the season.

All six jumps were greater than his personal best, including a leap of over 18 feet and nine inches that was good enough for third place.

"That was really special," Semper says. "I was really surprised. Before the meet, I was jumping high 17s. I didn't know I could jump 18-9, but my coaches kept pushing me and I got the mark," Semper says.

The relay team, Sullivan, and Semper weren't the only members of the team to have postseason success. In addition to his relay victory, Perkins won the Division 2 State Championship in the 55 meter and Garvey won the two-mile, adding to the tradition of CM excellence on the track.

Check CM Magazine online to learn how CJ, John, and Jelani performed at New Balance Nationals Outdoors.



WINTER SPORTS

ALL-STARS

Knights flood the podium

BASKETBALL

CM won its 29th Catholic Conference Championship and earned a record of 18-3. **Malachi Bryant '23** was named the Catholic Conference co-MVP and an All-Scholastic by the Boston Globe and Boston Herald. **Jacob Cofield '24, Peter Gellene '24,** and **Ryan Higgins '24** were named Catholic Conference All-Stars.

HOCKEY

CM repeated as Catholic Conference Champions and finished the season with a record of 18-3-1. The conference title was the school's 25th.

Owen Watson '24 was named the Catholic Conference MVP. **Mike Birch '23, Finn Burke '23, Connor Fryberger '24, Tyler Hamilton '25,** and **Brendan MacNeil '23** were named Catholic Conference All-Stars.

Burke and Watson received All-Scholastic honors from the Boston Globe and Boston Herald. Burke was additionally named to the Herald's Dream Team.

INDOOR TRACK

Datrell Jones '23 was named the outstanding field athlete at the Catholic Conference Championship Meet.

SWIMMING

Aaron Crowley '23, Chris Helm '25, Jordan Kinch '26, and **James McGrath '23** were all named Catholic Conference All-Stars.

Jordan Kinch '26 broke school records in the 100m Butterfly and 100m Backstroke.

WRESTLING

The team finished second at the Division 1 South Sectional Meet. First-place finishes went to **Brendan Coutts '23** (160), **Mickey Doyle '23** (220), and **Joao Pedro Pires '24** (285). The three plus **Jack Gill '24** were named Catholic Conference All-Stars.

STAGES THROUGH THE AGES

AS MEMBERS FROM THE CLASS OF 2023 WALK ACROSS THE STAGE TRANSFORMING FROM HIGH-SCHOOL STUDENTS TO HIGH SCHOOL GRADUATES, THEY, THEIR TEACHERS, AND PAST ALUMNI REFLECT ON WHAT IT MEANS TO MAKE IT THROUGH CATHOLIC MEMORIAL.

Commencement at Catholic Memorial has taken many forms throughout the years. Whether the ceremony is held at O'Connor Stadium or down the road at Holy Name Parish, it remains a celebration of achievement for students and their families. As the 118 members of the

Class of 2023 prepare to join a group of over 11,200 CM alumni, their walk across the stage to receive their diploma will be filled with emotion as their year goes into the annals of school history. These boys' impressions along with those from teachers and alumni through

the ages are captured below to show that, no matter the graduating year, the passage of rite, that walk across the stage, remains the same. Or as Brother Anthony Cavet familiarly notes, "These boys are not much different than their fathers and uncles." **Here are their reflections.**



CM alumni often look back at graduation as a collective celebration. It's not only about them but also about their friends who graduated with them, their family members who cheered them on, and how the hard work at CM prepared them for their post-CM lives.

"My parents moved from an East Boston triple-decker to West Roxbury in 1957 when they heard that the Christian Brothers had opened a school in West Roxbury. As I crossed the stage in 1973 with my certificate, I caught their eyes and was moved by their obvious pride, and sheer joy, over the realization of the commitment they had made as young parents sixteen years earlier. A CM diploma represents student achievement, yes, but just as much, it should be a lifetime's reminder of a faculty's selfless dedication and a family's loving devotion. Cherish it."

— BRIAN LEARY '73

"When I came to CM, my goal was to make my parents proud. That's why I wanted to set a good example by pushing my hardest in academics and doing extra sprints or staying late in the weight room at track practice even though I wasn't the fastest sprinter. By graduating, it shows that those labors paid off."

— DOMINIC OLOHAN '23, THIS YEAR'S VALEDICTORIAN



"The thing I remember most about my graduation ceremony was seeing how far my friends had come. It was nice to see where everyone was going and their achievements. Since I didn't go the traditional college route and instead went into the military after graduation, it was important that CM instilled in me the standards of being honest and having integrity."

— RYAN FLYNN '22



"I was fortunate to spend four years with my friends at CM, but I knew graduation wasn't the end. I knew those connections I made as a member of the speech and debate team and on the tennis court weren't going to end at graduation, and I would see everyone again in college or elsewhere. When I watched my brothers graduate from CM, I was reminded of my experiences, and it expanded my understanding of the connections I made at this school."

— RYAN JULIAN '18



"My friends were important to me, and the night before graduation, I panicked because I thought I would never see them again. The next day at graduation, I was so nervous that when I walked to the podium to get my diploma from the Commencement speaker, Senator Ted Kennedy, I tripped and fell on him. I thought his security was going to get me! He thought it was hilarious, wished me good luck in the Navy, and helped me up."

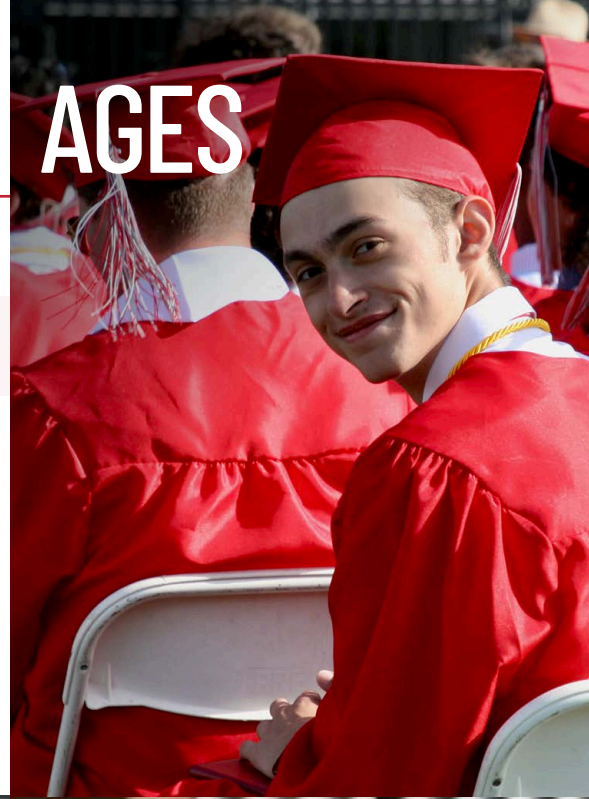
— FRANK CALISI '77



STAGES THROUGH THE AGES

By the time graduation day arrives it becomes apparent that many who are about to receive their diplomas are not the same boys they were when they walked into the school on their first day. During their CM journeys, students often discover a new talent or realize that

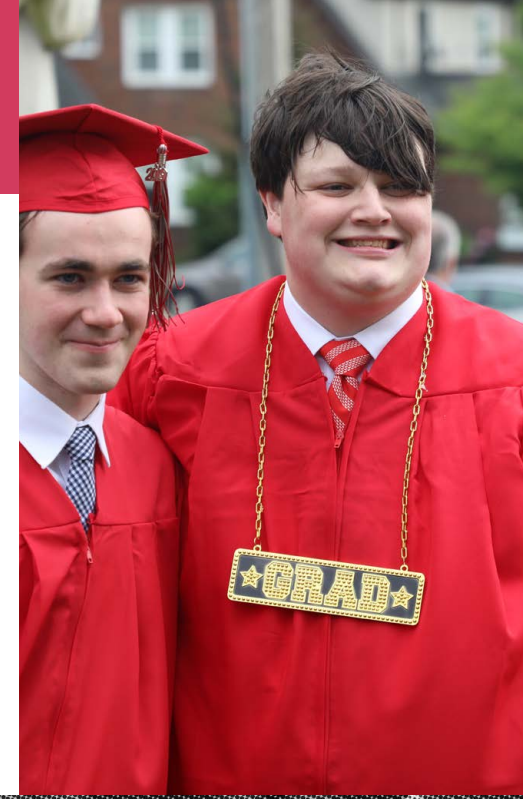
they have more to offer than one sport or a single interest. They learn that being one-dimensional is not what makes a person grow, but that trying new things and experiencing new challenges is the path a CM Knight must take.



Finally, the teachers who helped them get to that final day couldn't be prouder. They took the time in the classroom and helped make the post-CM dreams of many students possible. For them, watching students receive their diplomas is a culmination of that love and effort.

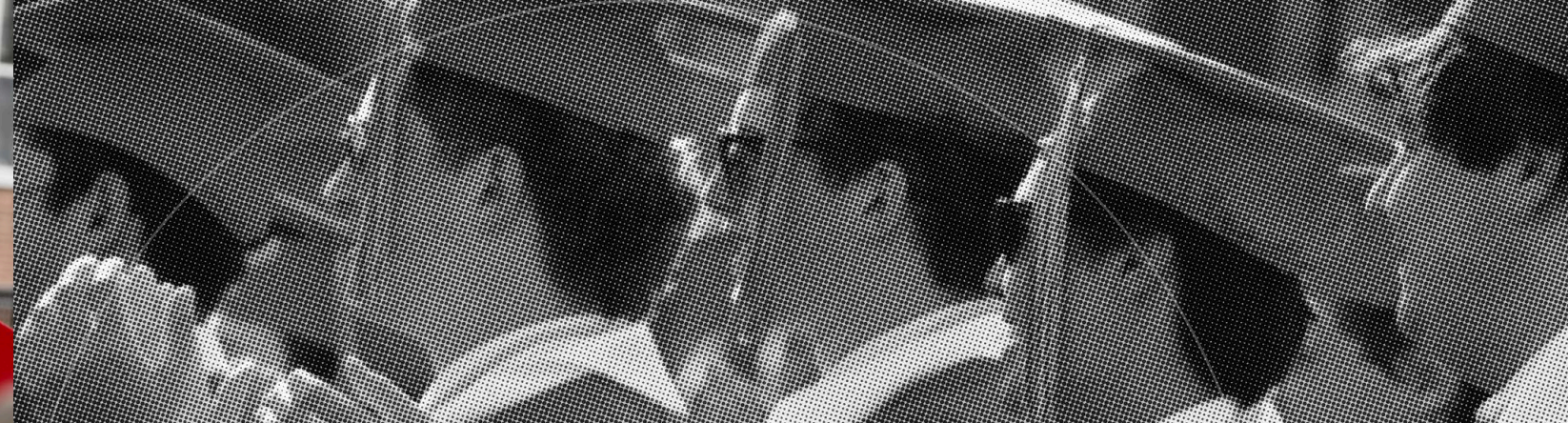
"One thing I think every year is that good, smart kids are getting their due in public. To quote Blessed Edmund Rice 'Have courage; the good seed will grow up in the children's hearts later on.'"

— BR. ANTHONY CAVET



"I was a terror in seventh grade. I had no filter and didn't care about school. The community changed me and helped build me up. If you go-it-alone, you're not going to change, but when you're on teams and attending retreats, you realize you want to build each other up. If you grow together as well, it's like a mutual expansion."

— JOHNNY CARDARELLI '23



"Coming to CM, I was optimistic about who I was meant to be. Mr. Rufo, Mr. Goode, and Coach DiBiasco all helped me get there. Mr. Rufo taught me to know when to mess around and when to lock back in. Coach Goode and Coach DiBiasco both helped me be a man built for others, be reliable for others, and make sure we're working and growing as a team. They helped me grow as a man of faith and a leader."

— MICKEY DOYLE '23

Things didn't always go according to plan. Sometimes there was adversity or a sense of frustration that threw students off their path. But when they fell, there was a member of the CM community to give them a hand up, a little guidance, or just who could just sit and listen.

"I have the benefit of teaching kids from nine through 12 so for me, it's the growth. You remember them coming to the high school bright-eyed and bushy tailed. You think of the growth they've shown, and how they are leaving as men. They may not remember all the books they read, but they remember the perseverance, the grit, and how to ask for help."

"When you're in middle school, you're on training wheels, and we try to create an environment for the students to thrive while providing a bridge to a successful high school career. Many come back to visit Donahue Hall around graduation because they got their start in the middle school and even around graduation, they still feel that connection. When you see them graduate, it's fulfilling to see them succeed, especially the ones who had their highs and lows and overcame challenging obstacles."

— MARY CONCANNON

"There were times where I couldn't be there for the soccer team as a captain, and that brought me down. Mr. Hill lifted me. He helped me get back on my feet as the captain and when I returned, it was like I never left."

— JAYLIN RAINFORD '23





The Ties That Bind

KEVIN COSTELLO '63 AND STEVE BERTE '98 ARE ALUMS SPANNING OVER THREE DECADES, EXPERIENCING DIFFERENT TEACHERS, ERAS, AND HISTORIES OF CATHOLIC MEMORIAL. BUT WHAT THEY SHARE, WHAT ALL KNIGHTS SHARE, IS A VALUE SET AND CODE OF CONDUCT THAT REFLECTS THE SILVER AND RED INSTITUTION FROM WHICH THEY CAME AND WHICH THEY WANT TO SEE CONTINUE.

Kevin Costello is a West Roxbury boy. Steve Berte a kid from Pembroke. Costello is one of two brothers who attended CM when Brother McKenna was its very first headmaster. Berte, part of a family legacy of Knights, had Mr. Richard Chisholm as his vice principal. Despite these and other differences by the time they graduated, who they were was an amalgam of CM experiences, values and perspectives which ran deep and left a mark they have both carried throughout their lives. "Listening to my father's stories from when he was here, and the experiences I had, and for that matter my nephew, who graduated this year..." recalls Berte. "...they are all strikingly similar. For me it comes down to that gritty, underdog mentality that we all leave here with." For Costello, memories are one thing but the trajectory the school has taken since he graduated reveal that while things change some things stay the same. "We had a lot of kids that went here from the inner city. And that's the same today. However, the education has improved due to the faculty and the sophistication of what is being taught. But the type of kid that leaves here is still the same. It's a hard-working kid and the parents who send their children here are of that similar attitude."

It's an immersive experience. One that starts at 7:50 a.m. each morning and ends whenever practice is over, the game concludes, the show takes its final bow, and when homework and the student are both put to bed. "I spent more time here than I did at home," says Berte. "I had more influence from

people here than I did from my parents during that time. You know, it takes a village to raise a child, and CM was literally my village." And then there's the faculty. The people who rub off on students each and every day. "My parents loved the school. They loved some of the teachers," notes Costello. "Jim O'Connor, Ron Perry P'76, Brother John Callaghan and Brother McKenna. All my life, these men were my role models. I wanted to live like them." And along with faculty came the CM ethos. Work hard, play hard. "I graduated with 104 kids, and we competed academically and athletically with schools three times our size," recalls Berte. "I think about my wrestling practices and coach Durham. He got pleasure by making us work as hard as we could. That's the mentality that I that I brought with me to college that I bring with me to work that I try to instill in my kids. Things aren't handed to you. You have to go out and earn them."

But what is that code? That common denominator that binds all Knights? For Steve Berte it's simple. "It's this tough, gritty collection of kids. A diverse collection of boys who are pushed outside of their comfort zone and are challenged in ways they never believed they could be challenged to achieve results that they never believed they could achieve in a faith-based collegial environment." And for Kevin Costello, it is something precious that if not supported and kept in the hearts of those who've gained so much might lose its luster. "For 30 years, the school never asked for a nickel. If we want to maintain our charter: to educate those that don't have the capability to go to a school like this, then giving back is something that has to happen. We can't be blind to what's going on and we have to be sensitive to the boy who has potential but needs help."

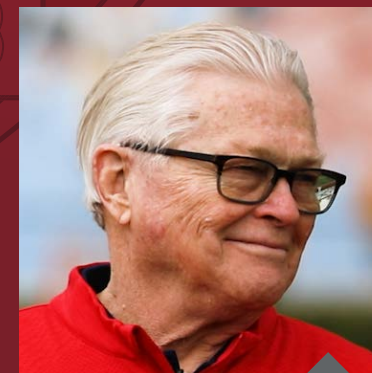
"The CM Brotherhood is a slice of the world that your son is going to enter when he leaves. So, it's important he experiences this now."

- Steve Berte '98

THE CM MISSION CONTINUES WITH YOU



STEVE BERTE '98
Varsity Football Player



KEVIN COSTELLO '63
Varsity Football Player

Give today and provide a first-class education to boys throughout Boston



Scan to give to the CM Fund



Scan to watch the video



Please consider joining Steve and Kevin in making a gift to the CM Fund. Your gift will support great young men and change the course of their lives.

ALUMNI AND FACULTY NEWS

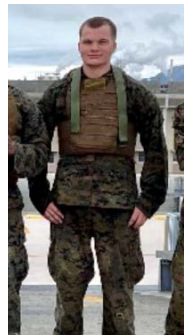
Class of 2023



(L-R) **Matt Rios, Mickey Doyle, JC Petrongolo, Austin McCarthy, Brady McGowan** and **Phil Lio** took part in the first-ever A Shot for Life Bowl. The event raised over \$47,000 for Massachusetts General Hospital's Cancer Center and was organized by **Mike Slonina '11**.

Class of 2020

U.S. Marine Corps **Pfc. Kyle Morgan** is currently serving in Okinawa, Japan. Morgan is a heavy equipment mechanic, both with Engineer Support Company, 9th Engineer Support Battalion, and 3d Marine Logistics Group. His overseas commission ends in 2024.



Kayla Grady completed her internship in CM's Office of Institutional Advancement. She graduated from Framingham State University in May. Her brother **Liam Grady '15** is a Blessed Edmund Rice Award recipient, featured on our back-page story Character Matters, and her other brother, Kellan, was a member of CM's last state championship basketball team in 2015.



Class of 2019

Jacob Auzzi is a photographer who shoots for NY and Boston Fashion Week. His website - <https://azziphoto.com>

Class of 2018

Will Padden was recently approved for artificial intelligence for the US Army.

Class of 2016

Devonte Kavanaugh recently signed with SAINT modeling agency and just completed a shoot with The North Face for their upcoming advertising campaign.

Class of 1998

Gene Tierney '98 P '25 took the newly revived, CM Fishing Club on its first outing to Duxbury. Along with the boys were former CM Principal **Tom Beatty '68** and Associate Director of Admissions **Al Murphy**.



Class of 1977

Class of '77 Fund - The class is currently putting together a scholarship as their 50th reunion approaches in 2027.

Ken Martin with NFL Super Bowl Champion, **Devin McCourty** at this year's Boston Marathon.



Class of 1973

The class of '73 is honoring their late classmate **Brian Collins** by naming a scholarship in his memory: The Brian Collins and Class of 1973 Memorial Scholarship.



Faculty and Staff

CM announced its latest BERSI trip to Paraguay. The trip is a global environmental stewardship for grades 11 and 12 students to help at the wildlife conservation, non-profit Para La Tierra. Assistant Director of Counseling, **Katherine Kistner** and Science Chair, **Brian Mulcahey** flew down in February to scout the location.

Katherine Rich welcomed her second child, Grace Marie Rich who was born in February, weighing 9lbs 7 oz.



Peter Hill welcomed his first child, Josiah Thomas Hill.



Director of Engagement & Events, **Nicole (Caouette) Lee** married **Chris Lee** on January 20 at The Vinoy Resort & Golf Club in St. Petersburg, Florida.

Mr. Tom Meagher became a news story for CNN to commemorate the 10-year anniversary of the Boston Marathon bombings. Here he is having his photo taken for the story.



To have your news and photos appear in these pages please forward information to **Ms. Nicole Lee** at nicolelee@catholicmemorial.org or submit to www.catholicmemorial.org/submit-class-note

THE 2023 CM GALA A KNIGHT TO REMEMBER



Over 250 alumni, parents, and friends gathered to honor **Vince in Bono Malum Award** recipient, Jim Blue II '82, and the **Blessed Edmund Ignatius Rice Award** recipient, Tim Hegarty '66, P'97, GP'24, '27 for their loyal service to Catholic Memorial.

The event raised over **\$712,000**. Proceeds help provide financial aid for worthy CM students, a cause both honorees have long championed through the **F. Timothy Hegarty, Jr. '66 Endowed Scholarship Fund** and the newly created **Priscilla and Raymond Blue Endowed Scholarship**.



Are pluralism, civil discourse and tolerance the keys to a healthy society?

How are pluralism, civil discourse and tolerance taught at CM and why are teachers so important in protecting our Republic and civil society at-large?

Free speech is both a right and a buzz word. Its presence is a demonstration of our society's commitment to pluralism and tolerance, where both go hand-in-hand. Recently, however, free speech has been tested. Claims from many different groups say that it poses a threat to public and individual safety when used in disagreement or as a counterpoint. Having the ability to speak and think freely is a Constitutional right but it comes with the responsibility to exercise tolerance towards other points of view. And for a society that champions pluralism, the youth must be educated in both the country's history and how government works. Continuing these ideals falls to teachers who are the issuers of this knowledge, and it is for this reason we asked CM high school history teachers Vincent Bradley, the department chair, Steven Goode P'25, and Tom Jordan '90, along with middle school social studies teacher, Barbara Flynn to weigh in on the importance of their roles and how CM prepares its students to uphold the values of our Constitutional Republic.

The question is set. All the panel need do is demonstrate its truth, hence **Quod Erat Demonstrandum**.

Are pluralism, civil discourse and tolerance necessary conditions for a civil society?

Tom Jordan '90: Yes. Just thinking about that word, pluralism; our society is made up of citizens who come from many different backgrounds, many different experiences and viewpoints. So, I think it's important to be able to listen to as many viewpoints as we can. Fortunately, we have the guarantee of our First

Amendment rights from our Constitution. That's what makes us unique among the nations of the world... that we can have that discourse. Even though you may adamantly disagree with someone we have the beauty of our democracy, or republic, and can hold those different opinions. The challenge is finding a compromise.

Steven Goode P'25: I concur with you. And when we talk about pluralism, I just think of the first three words of our Constitution: "We the People." And at the founding of our country, "We the People" didn't include all the people. Over time, "We the People" has come to mean truly that.



But it didn't include guys who looked like me, or women. Today, however, it does. We've come a long way.

Barbara Flynn: I'm fortunate to have the eighth graders for civics...in the early stages of their education. When you mentioned, "We the People," they studied the Preamble and we talked about who "We the People" were at the beginning of our nation. I think as teachers, that's what we strive for: to impress upon the boys that they can make a difference, and that they are a part of, "We the People." Especially with eighth graders. They think, "well, it doesn't count until I'm 18." And I think we do a great job of that here in teaching them that they too, can be a problem solver, that they too, are really important to society, their voice matters, and their actions matter.

Vincent Bradley: I think our task as educators is to help students understand some of the challenges within our history and to help them seek the truth while not sanitizing it. I think CM is such a great place in terms of pluralism because it is a school that represents a hundred different zip codes. And those kids bring their perspectives to our classrooms, within the Brotherhood, within an atmosphere where they can discuss their agreements, their disagreements, and I think learn from each other. There aren't a lot of schools like CM. It's one of the challenges in our society today. Destiny has become a zip code. They determine access to education, resources, and opportunity. So, to have a student body coming from a hundred-plus zip codes is quite unique, and to do so within an environment that is diverse, from a socio-economic perspective, and from a racial and ethnic perspective, representing pretty much the Boston area is a special environment to teach history.



In your opinion is it more important now, that students are taught the functions of government, an understanding of the Constitution, how the Declaration of Independence shaped the path the country took and why? Are these civic fundamentals, during times of so much division, that much more important to teach?

Jordan: Teaching these documents is vitally important. A lot of people in our country have not read the Declaration of Independence. A lot of people have not read the Constitution, or they want to interpret the Constitution in their own way. So, I think we expose a lot of our high school students to those documents, and so that they have been schooled in those democratic manuscripts and understand how fragile this democracy really is.

Goode: I was on the Massachusetts History Board. I can remember when they extracted social studies and history from the MCAS test because they deemed them



unnecessary. Doing this, set the alarms off in many of the social studies teachers because what they were saying was that history was no longer important and the only thing that's important is STEM. And STEM is important. But maybe you should watch some cartoons. Because cartoons make fun of some of our society. Take the mad scientist. He invents machines that destroys the world. He doesn't understand tolerance of other people. And, I think this is a downfall, here in Massachusetts, and across the country, where if you're not deeming social studies important, you will see the rise of authoritarians who can take everything away.

By not striking a balance between teaching STEM and technology-related subjects with civics and history are we jeopardizing the very enlightened entity that we live in because students know more about computers than the way our country is governed?

Bradley: I think it's a real challenge. If you look at the number of history majors, they have declined as colleges become more of a financial proposition. And to Steve's point, if you don't test it, you don't teach it.

We're fortunate that we have five years required of history. And I think the vast majority of students take a sixth year of history, with electives, which is great. We have the opportunity to offer a diverse range of electives that strike at these themes. But at the national level, when you understand most Americans take their last meaningful history course junior year in high school, that's very challenging.

Jordan: I do worry about adults and young adults who do not have that foundation and so start to interpret history in ways that are detrimental to democracy. And so, we've seen that over the last several years where it becomes more political than finding out what the truth is. That's a danger, right there.

Goode: I think you nailed it on the head with that. Here, we want to have this great nation, but we're cutting ourselves off at the knees by not insisting on it as a required course. I think the beauty of CM, and this is why I sent my kid here, are the teachers, the staff, and the curriculum. I saw first-hand how it all comes together, and I saw pluralism, and I saw compassion, and I saw people

who cared about what they were doing. And the kids, I just see it as there's so many paths that they can go. But all of those paths lead to history. Again, if we don't teach history, our country will beat itself. It'll be like all great empires. The Romans, they beat themselves from the inside. And that's why they fell down. Are we the next empire to go down?

Flynn: I think that's a really important point. We know how great the Greeks were, how great the Romans were, but let's take a look at how they fell, and they fell from within. In seeing the program work with both of my sons, if you were to ask them each and every year which was their favorite subject; nine times out of 10, it would be history. Because there's this passion, here, this love of teaching this subject matter, and the urgency we have with our kids, and emphasizing that THIS IS REALLY IMPORTANT AND YOU GOT TO LEARN FROM THIS MISTAKE. I always quote George Santayana, "Those who do not learn from history are doomed to repeat it." It's written right there on my course sheet at the beginning of the year. It's important.

Is that the purpose of history? To act as glue for society?

Goode: I would definitely say that history binds us all, because it's our common denominator.

Bradley: Glue is a good analogy. A good history program will create the commonality that we all share, the values upon which our civilization is based, and the responsibilities, which we all hold to keep that civilization progressing. But also, to take a critical look and not have it drift into mythology.





Flynn: I think for any student graduating CM, I would want them to understand the importance of knowing where you come from, knowing that you can have an impact on society, but also knowing that our democracy is fragile. And it's going to take all of us to work together as a team in order to keep it growing and remaining strong.

Jordan: I was thinking about when they are out in their professional lives, in the working world and what they need to be doing. And I hope we're teaching them to look back into history for solutions. Has this happened before? Be it about voter registration, voter suppression, tumultuous elections, international conflicts, or diplomacy. And I think you do that by exposing yourself to history when you're out of school and out of college. That means reading. Being up on current events, and never stop learning.

Bradley: I agree with all my colleagues and would add, that my advice would be to become a history major. But seriously: ask good questions. That's one of the things we try to encourage with history is to ask why. Why is this neighborhood the way it is? Why did we get involved in this war? Why did this figure rise in history? And like Tom said, dig deep for answers. Don't be happy with the simple answer. We try to get kids to understand the complexity of history. When you understand the complexity of people in the past and the situations they faced and bring some real intelligence to evaluating their actions that's going to help you in the present, as you try to formulate policies for the future. CM has a tradition of local politicians, state reps, leaders in the community and business, and nonprofits. So, get out there and make your mark using your intelligence, which is a broad intelligence, not just a narrow set of technical skills. That's what I'd say.

Goode: I would say: character traits and environment. When you go out there, and you're graduating from CM understand that we all have the same character traits, even if we don't speak the same language. But it's the environments that change. And when we insert ourselves into these environments, we want the better character trait to rise up. It's like having a good dog and a bad dog on your shoulder. Which dog wins the battle? The one you feed the most. And I'll leave it on that note.

What would you say to a student who's graduating, who you've taught in some capacity, about the need to be aware of their history, how history works, and what they've been taught?



What will your legacy be?

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Director of Institutional Advancement, Stephanie Truesdell, stephanietruesdell@catholicmemorial.org or call 617-469-8036.

Full Circle



WALKING - ON AND WINNING

As a freshman, Mike McNally '79, P'22 walked onto O'Connor field to try-out for varsity football knowing something the other hopefuls didn't: his ability to outwork anybody. It's a quality that has made success something synonymous with the rest of life.

CM YEARS

As a young kid, growing up in Newton, Mike McNally wanted to go to CM - badly. The reason was his older brother who was a Knight, played football and had competed in the '74 Super Bowl game. "I knew I didn't want to go anywhere but CM," says McNally. "I saw camaraderie and saw that they were winners." McNally, one of four children being raised by a single, full-time working mother had his fair share of obstacles but credits his mindset and work ethic to the woman who kept the family together. "I was blessed with a strong mother who taught us to do the right thing. She'd grown up in the JFK era, and we lived out all the values of those times," he recalls. Getting into CM was easy. Getting on the football team was another matter. If it took work, McNally had it in spades. The day, he tried-out for the football team, McNally knew what he wanted. "I wanted a starting position," he says. "I walked out on that field and saw 90 tough kids who were all great athletes. I just said, 'I've got to win this.' And once I did, I was acknowledged by the upperclassmen, and I was family." Good grades, athletic participation, class president both his junior and senior year, on the surface, McNally was an archetype. However, a closer look showed a young man for whom his final two years of school needed a way to pay for tuition. "One of our teachers, Daniel Burke, who knew what was going on, called me up and said, 'Here's what we're gonna do. We're gonna start a painting company. And you're gonna work with us, and we're gonna paint houses and I'm gonna hold your money. And we're gonna pay your tuition this year, and then we're gonna pay it next year too,'" remembers McNally. "And I worked. I worked hard." That painting company would become the first of his many entrepreneurial forays.

LIFE AFTER SCHOOL

McNally describes graduating high school, going to college and starting a career as a period when he was "estranged" from CM. "When I left, although I stayed in touch with friends, there wasn't that draw back to CM. Other than the football games we would go to... with obviously the big one being Thanksgiving. I was kind of on my own. I went to UMass, then transferred to Boston College where I went full-time nights and worked full-time days." McNally labels himself as "basically unemployable." But channeled his "rogue frontal assault approach," as he calls it into building businesses. "I've got to thank Dan Burke for that. It was Dan Burke who I started that painting business with when I was 18." Burke saw McNally as a natural entrepreneur. A snapshot of his career would go something like this: worked in construction; graduated; tried to get a job but found he was making more money than anybody wanted to pay a college graduate. He liked construction but always saw it as a means to an end, but continued with it, developing buildings in the US and Caribbean. In the late '80s he started a company in Russia and then Poland living in both those countries for several years. Today, he is the CEO/Principal of Maverick Corporation, a power and communications network infrastructure engineering, procurement and construction company. To this day, McNally credits a very palpable moment in his CM career that cemented that tenacity that got him to where he is today. "We came out on the field for that '79 Super Bowl game," says McNally. "The school we were playing was Chelmsford. And they had their big marching band marching up and down the field while we were trying to warm up. And I remember Jack Dahlstrom saying 'To hell with them. Just run through them.' And that's what we did. We ran right through them."

RETURN TO CM

For McNally, his return to CM was really a return to the spirit of excellence he had known during his years. He also knew that in that interim period the school had lost its way. In 2016. A football teammate of McNally's, Dan Mee '77 reached out. "We're trying to build this athletic structure," McNally remembers Mee saying. "We need to do it in six months, or six weeks. We need your help." As McNally recalls, "So, I go over there and out comes this guy, Peter Folan." McNally's immediate reaction to the new school president sealed his commitment. "I talked to him for probably a half hour, 45 minutes, maybe longer. This guy had that spirit, that old spirit that I understood from CM and saw it come through him." Since that time, McNally has helped build what is now the John Walsh Field House, has contributed as a member of the CM Board, become a major contributor to the school, and played a critical role in the \$11M construction of the Yawkey Center. He's also had his son, Michael Jr. '22 go through CM wearing the same jersey number he wore as well as play in the Super Bowl...father and son both coming out on the winning side. And he isn't done. "I'm not a benchwarmer. I'm one of these guys that says, 'Just give me the ball.' I think CM speaks to you about who you are as a person, and what you want to be in life. To be a good person. And outwork anyone. It's through our good work that makes us successful."

"THE BIGGEST THING I'VE LEARNED IN BOSTON, AND ESPECIALLY IN MY INDUSTRY: NO ONE EVER ASKED ME WHERE I WENT TO COLLEGE. THE FIRST QUESTION IS WHERE DID YOU GO TO HIGH SCHOOL? AND AS SOON AS YOU SAY CATHOLIC MEMORIAL, THE NAME GAME BEGINS."

- Mike McNally '79, P'22

BEYOND CM

Whether in another city or another country, three recent grads left CM to embark on paths of commitment, exploration, and giving back. Three cornerstones of a CM education.

Once a star swimmer at CM, Charlie Nascimben '20 continues to be a Renaissance man at the College of the Holy Cross where, as a student-athlete with a double-major in economics and Italian, the pool and the classroom fight for every minute of his time.

“Swimming at CM helped me understand that it is both an individual sport as well as a team effort. Getting up for a 6:00 a.m. practice, pushing through a tough workout, and all the necessary sacrifices almost made it impossible, but we hyped each other up to reach our potential. I carry that mentality with me at Holy Cross because I need it. We practice nine times a week! I couldn’t do that mentally nor physically without a brotherhood that helped me reach the second-fastest times in program history, hold seven program records, and be named Team MVP for the last two years. I thrive on the structure that comes with discipline. Structuring my time helps balance the workload of academics. For example, I submitted a twenty-page econometrics empirical paper that required a full semester of research. With me growing up in an Italian-speaking family, I’m also majoring in that language. No pun intended, you could say it’s a passion that’s very close to home. Beyond learning the language, I can study the culture which I see setting me up for a future that could make Italy a place to connect with in a meaningful way. Another positive is the small classrooms, here. They really help make for close connections with classmates. And connections are what I find most important about academics and athletics.”



CHARLIE NASCIMBEN '20, NEEDHAM, MA

Mascot:
Iggy the Crusader

Colors:
Purple & White

Mile from CM:
46



Immersed in another country and culture, Sean Turner '21 spends his time at Montreal's McGill University studying political science and international development, hitting the slopes, and constantly needing a translator.

“My love for political science began at CM. Mr. Bradley always left time for debates and open discussions, and classes were really interactive. With Mr. Hill, we simulated a parliament meeting with a prime minister. Because of them, I know to look for teachers at McGill who share that knowledge, care, and passion. Since McGill is a large school, it's easy to be just a number in the classroom. Therefore, I'm intentional in looking for classes with professors who make you feel you're an individual, not part of a crowd. And I'm involved in co-curriculars, I applied for an executive position on the ski club. I've loved being a member, skiing Mont Tremblant; now I want to take on a role that will increase my involvement. I'm in the heart of Montreal, but don't speak French. Two of my roommates are from Paris, and when we moved into our apartment, we had a Wi-Fi technician who spoke no English. Of course, my roommates decided to go to the grocery store just as he came, and I was stuck trying to communicate with fragmented French and Google-translate. I was eventually rescued by my roommates, but what an embarrassing experience. There's all sorts of people here, from different countries and different points of view, which CM prepared me for with diverse conversations both in and out of the classroom.”



SEAN TURNER '21, DEDHAM, MA

Mascot:
Marty the Martlet

Colors:
Red & White

Mile from CM:
325



Once a member of the 2020 #1 ranked football team in the state and peer minister, Quincy Eutsay's '21 pursuit of greatness, faith, and truth has made this student-athlete's experience at Brown anything but run-of-the-mill.

“I like understanding people more than anything: the ways individuals interact with each other and their cultures, which is why I love the path sociology offers. Human interaction is a daily experience, so my degree is one I will always use. The younger me stuck to what he knew, but now I seek the perspectives of others. I've come to appreciate that you have to be a part of something bigger than just yourself. With athletics here – football is a sport I love and pursue, however we aren't the dominant team that I played on at CM – being an underdog motivates me to win, but in my freshman year I felt something was missing. This year, I joined a group called Athletes in Action, which is like peer ministry for student-athletes and takes me back to those days on Baker Street. As a group, we hear from lecturers and coaches about incorporating faith into sports. It's very important to me. Getting back into faith gave me a purpose. Brown is even sending student-athletes on a service trip to Panama where we will build multi-function athletic courts for children. That's amazing. Giving back is my favorite part of being at Brown.”



QUINCY EUTSAY '21, CANTON, MA

Mascot:
Bruno the Bear

Colors:
Red, Brown, & White

Mile from CM:
40



MARATHON MAN

Doing for others and helping those in need are tenets of a CM education. And that takes time. For Liam Grady '15 time isn't an issue. He takes it. He gives it. And as Rudyard Kipling says in his poem *If*, "fills the unforgiving minute with sixty seconds' worth of distance run."

It's Sunday, 2:30 p.m., the day before Marathon Monday. Liam Grady '15 is at the Weymouth Club, coaching the Sharks, Weymouth's Special Olympics swim team, having just completed his night shift as a BPD, police officer. Fair to say, he's tired. He then mentions that he's also about to run his first marathon in less than 15 hours. "I'm hoping to come in around four hours," which is probably the sleep deprivation talking.

Time isn't just an incremental measure. It's eras, periods, and history.

Grady's six years at CM helped lead him towards a career in law enforcement, and as with all things for students who've gone here it was influenced by the CM community. A fellow Knight by the name of Kevin Claflin '14 had a father who was a Newton police officer and took Grady on several police ride-alongs. Grady calls him a mentor who opened his eyes. In 2020, when he'd made it

through the academy, another CM phenomenon struck: the one where you never know when you'll meet a fellow Knight. "It was an officer I worked with," recalls Grady. "When



he found out I went to CM, we just started singing the CM fight song together in the police station. It's special. I'm going to go out on a limb and say that this isn't the case with other high schools."

Grady's varsity and college swim career has led him to give some of his precious time to the Sharks. Even if he is bleary-eyed, the

reward is worth it. "It's infectious. On any given Sunday, you see the swimmers and how they just love being in the water...they love the community. To see them in the locker room, walking around talking to each other, and Greg (one of the swimmers) saying, 'Are you ready for next week?' and to see that happiness in them makes it all worth it."

Grady runs hard, juggles many balls and still manages to keep alive his friendships with high-school friends who he calls the closest of all. Whether any of them will be there Marathon Monday morning, cheering him on is still TBD.

POST SCRIPT - Grady finished the marathon. As he recalls, "I received numerous text messages from CM friends throughout the day, which was great. I did see a classmate whom I graduated with around the nine-mile mark as well as my police mentor and CM dad, Mr. Claflin. We exchanged smiles and he cheered me on." And his time? Three hours and fifty-three minutes. Yes, Grady also knows how to compress time.

KNIGHT FOR A LIFETIME

SEE WHAT CM OFFERS THE RANKS OF ITS LOYAL ALUMNI.



Watch your inbox for CM's **Monthly Alumni Newsletter** for the latest news and events.



All alumni are invited to return to Baker Street on June 8, 2024 to socialize and reconnect, with a special reunion celebration for the Classes of 1964, 1969, 1974, 1979, 1984, 1989, 2004, 2009, 2014, and 2019.

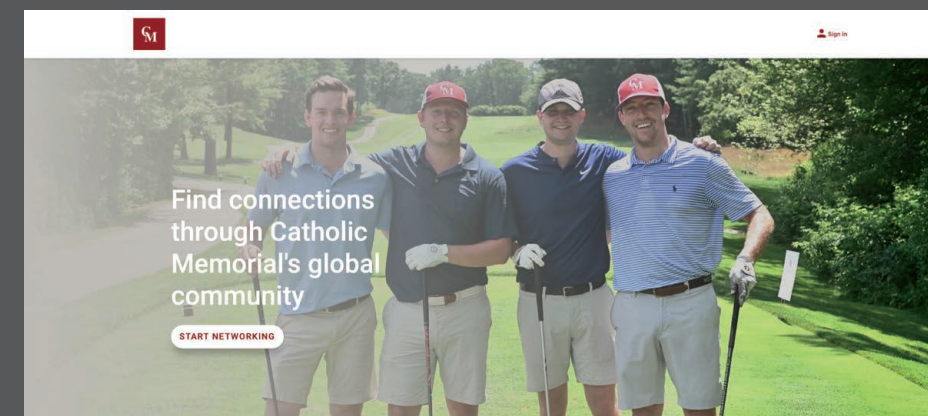


Join us for **Friday Knight Lights** on Oct. 13 as CM takes on St. John's-Shrewsbury at O'Connor Stadium.

New job? Just graduate? New address? Family news?

Send updates to Alumni Officer **Brandon Twitty '16** at brandontwitty@catholicmemorial.org

Visit connectcm.org, CM's exclusive alumni networking platform to connect and learn about upcoming events.





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